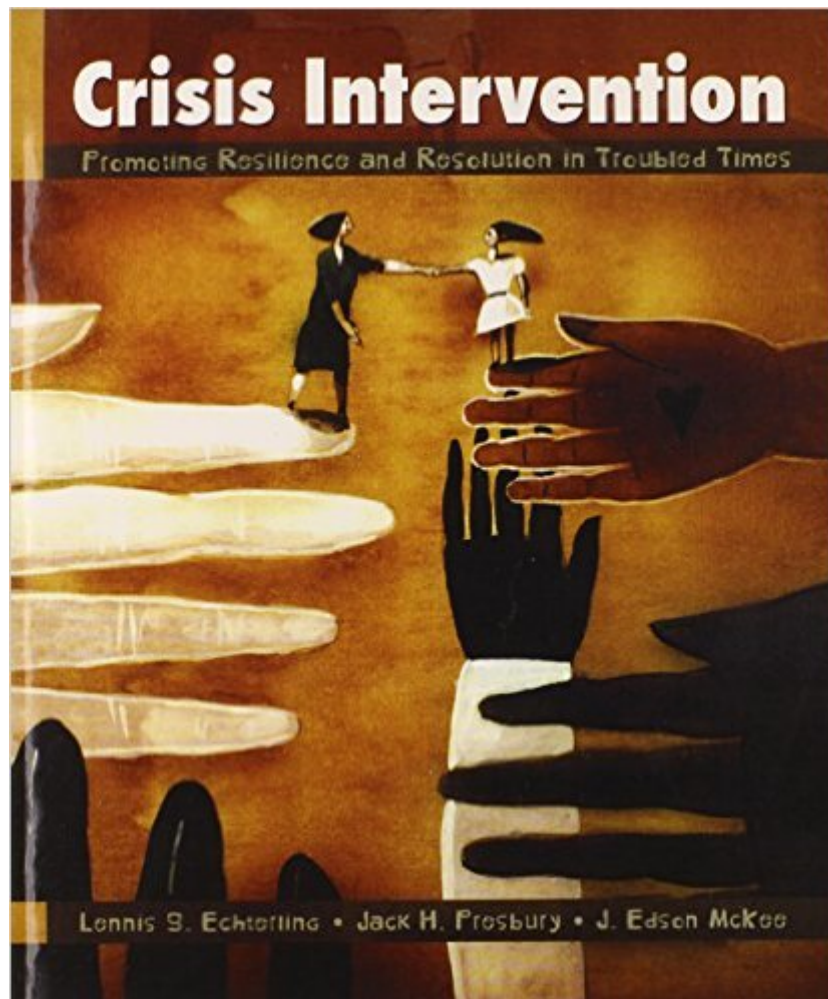


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# Crisis Intervention: Promoting Resilience And Resolution In Troubled Times



## Synopsis

Core text for crisis intervention courses in Counseling, Social Work, and Clinical Psychology. Here is how some reviewers have described the text. This text presents a compelling argument that victims of crisis and trauma can recover and grow into strong and healthy survivors. The text's emphasis on resilience is an important next step in the evolution of this helping technique. Its detailed explanation of the techniques that utilize the strength of survivors is valuable for neophytes and experienced helpers alike. The exercises and discussion questions presented move it from a theory based text into a valuable tool for skill development. This text is a very valuable addition to the literature on crisis intervention. Thomas W. Rueth, University of Dayton The writing is excellent and well thought out. The ideas are presented clearly, the stories used in each chapter are excellent, and the authors do an excellent job integrating their stories with the content of each chapter. Chris McCarthy, University of Texas at Austin Crisis Intervention! stands out as a cutting edge text among books on crisis intervention. and current. Clearly, the art and science of crisis intervention is conveyed through the use of research, story, literature exemplars, activities, and practical approaches. Nicholas Mazza, Florida State University

## Book Information

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## Customer Reviews

This text offers an approach to crisis intervention that is far better than the CISM model that has been in use for several years. Whereas CISM focuses on the incident itself and the resultant feelings of shock, anger, etc., Echterling's approach focuses instead on the resilience of the

person(s) who experienced the crisis event, drawing attention to the innate strengths of the persons and helping them build upon those strengths. I will add that I have heard the author speak at a day long conference on this subject and have seen him "in action," and have also put to practice some of the methods set forth with good results, all of which heightens my appreciation for this valuable contribution to this important field.

The scholarly journal work that is available at this time is very limited. What can be found is dated and of limited use. This is a text book, and so is fundamentally useful for courses where it is required but since crisis intervention is an aspect of every class I am taking and each paper I have to write, I find myself going back to this source constantly. Outside of the realm of paper writing, where sourcing isn't an issue, this is a practical guide for crisis intervention for anyone who might need such information. The inclusion of vicarious trauma, the actual definition of what crisis is (the reaction to an activating event and not the event itself) and warnings about interfering with the natural coping mechanisms by acting too fast make this invaluable. There is information in this text which ought to be intuitive but is not and is well worth knowing. This will remain on my "go to" shelf for a long time to come.

We used this text for our crisis intervention graduate course. The entire text focuses on finding the survivor within your clients. The authors give very practical and helpful techniques and approaches to crisis intervention. Using the author's experiences as a crisis counselors, each chapter has a crisis story. Each chapter also challenges the reader to explore their own personal experiences, which help counselors grow in their own self-awareness. It is an excellent resource and one that I plan on keeping on my shelf after I graduate.

Some information is outdated such as the technology info and some phrases such as 'finding the pony' did not catch on in current writing.

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